



# BELIEFS & THERAPY

CERTIFICATION TRAINING IN  
PRACTICAL BIOLOGICAL DECODING  
CHRISTIAN FLÈCHE

## INTRODUCTION

What is a belief?

When, how, and why is a belief installed?

Did you decide to believe what you believe?

What are your truths about yourself, others, and the world?

How to unmask your beliefs and recollect your freedom of being, and your Oneness?

**« I've decided to be happy because it's good for my health. »** Voltaire

## THIS WORKSHOP IS ADDRESSED TO

This workshop is addressed to all Biodecoding students who already finished at least half the biobasics cycle, as well as to all therapists from all backgrounds, coaches, NLP and Ericksonian Hypnosis practitioners, etc., who are in practice. In case you already work on beliefs, this workshop can take you a step further.

## ABOUT BELIEFS

Beliefs are the principal pillars of therapeutic work. In brief, there are limiting beliefs and there are constructive beliefs. The limiting ones are at the origin of our problems and difficulties in life, while the constructive ones allow us to spread our wings. A belief is the action of believing, the fact of believing that something is true and possible.

Beliefs are based on our life experiences. For example, if my car breaks down and I get it fixed at the mechanic. Then two months later, it breaks down again and I go to another mechanic who tells me the first one did a bad work. Then when it breaks down the third time and I take it to a third mechanic who tells me the first two were fraudulent, this is when I build the belief that all car mechanics cannot be trusted.

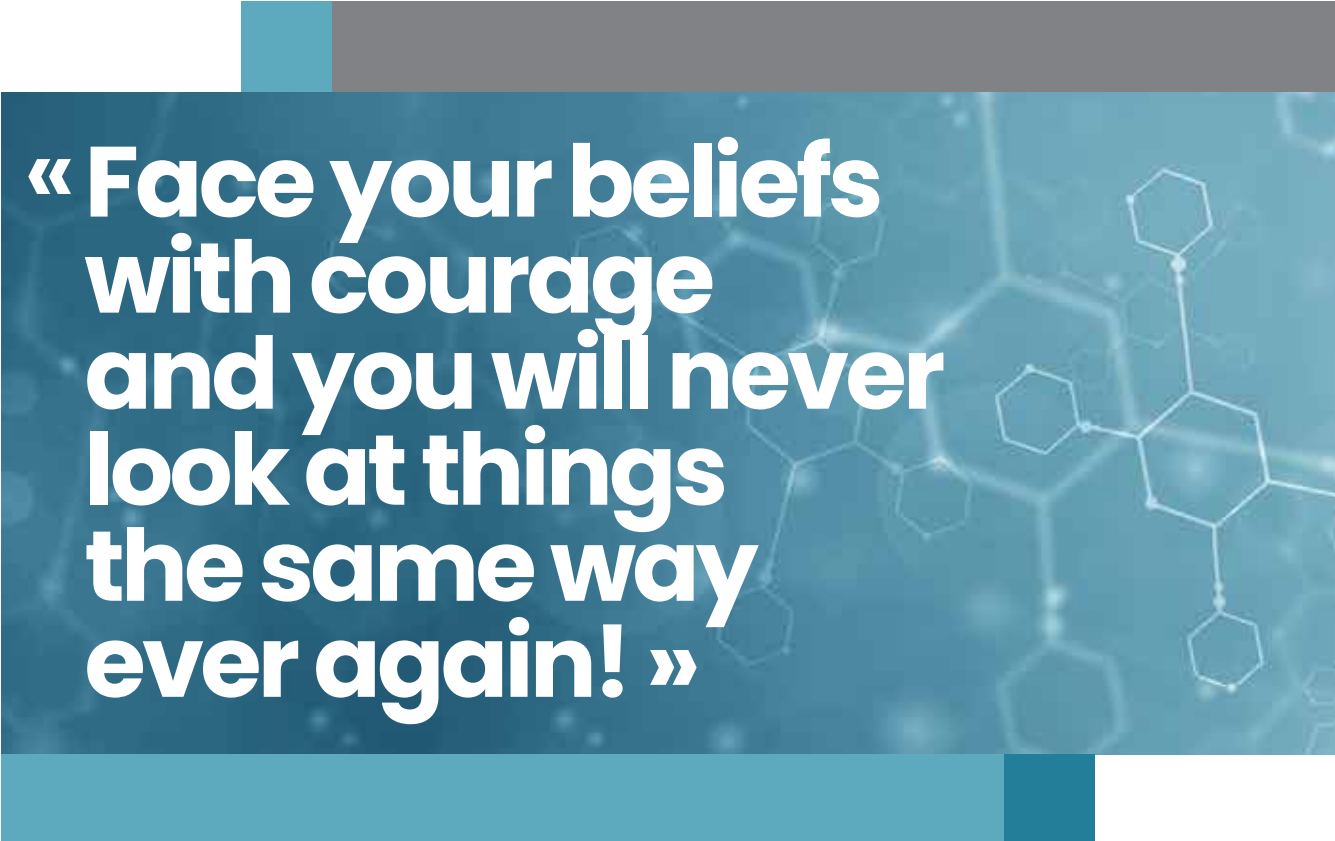
Our beliefs are based also on our education, our childhood experiences, and our cultural background. The purpose of a belief is to give a meaning to the lived experience. It becomes problematic when it falls in our subconscious mind and becomes a filter through which we perceive reality. This will then program our thoughts, emotions, and behaviors.

Our strongest beliefs are our most unconscious ones. They act as subconscious programs which our subconscious mind uses to enter into resonance with the world and execute this same program.

To have an idea of what a change in belief can generate, imagine how a person thinks, behaves, and feels with the limiting belief that “no one believes in me”

Now imagine how a person thinks, behaves, and feels, with a constructive belief: “If no one believes in me, it is because I am unbelievable”.

Beliefs tend to be the crystallization of our past sufferings which we have continued to repeat to the present day. They end up defining our behaviors, our professions, our relationships, our daily routines. In other words, they greatly limit our capacity to choose.



**« Face your beliefs  
with courage  
and you will never  
look at things  
the same way  
ever again! »**

# CONTENT OF THE TRAINING

During these four days, you will learn and experiment with the following topics:

- Spot the linguistic structure of beliefs
- Identify the consequences of a limiting belief
- Recognize a subconscious belief at the origin of a problem
- Destabilize a limiting and subconscious belief
- Install a new constructive belief at a subconscious level
- Connect beliefs with values, and body organs

## WHAT YOU WILL GET OUT OF THIS WORKSHOP

- Learn to use the power of beliefs to generate deep and sustainable changes
- Gain concrete and efficient tools to transform beliefs at a subconscious level
- Learn how to listen and spot subconscious beliefs at the origin of a problem
- Learn how to treat locking conflicts through the transformation of beliefs

This course will be taught in French with simultaneous English translation

## LEARNING DYNAMICS

You'll be introduced to some theories and definitions, and you will practice some protocols that allow you to work on your own limiting beliefs.

Once we change our beliefs, we liberate ourselves from the emotions that kept them in place.

**« If you believe that this workshop may be useful for you, you are most welcome to join! »**

## PRACTICAL INFORMATION

### LOCATION

The training courses will take place online on the platform Zoom Meeting. You will receive by email the corresponding links to join each session. The audio recordings of the courses will be accessible during one week following each course, in case you experience any technical problems and were unable to connect.

### REGISTRATION

Registration is mandatory to attend the training. The procedure is as follows:

- Fill out the registration form on the website [www.biodecodage1b.com](http://www.biodecodage1b.com) .
- Decide on your most convenient payment plan and settle the payments.
- Receive a confirmation of registration.

Registration closes two days before each course.

### INTERVISIONS

Between the courses, participants are encouraged to meet whether live or online to practice the protocols learned and to review the concepts. You will also be invited to assist to guided intervisions.

### BILINGUAL TRAINING

This training is bilingual. The courses are presented by the trainer in French with simultaneous English interpretation.

### PAYMENT MEANS

Payments may be by :

- Bank Wire Transfer to France, or by
- OMT payment from Lebanon or abroad, or by
- Credit card payment made directly to France.

Please contact us to coordinate for your payment and receive the details depending on your preferences.

### EVENT OF CANCELLATION

In the event of cancellation from our end, we will refund you in full your payments. In the event of cancellation by the participant, we will try to reimburse you in full as far as possible. Otherwise (last minute cancellation, complex event...), 30% is retained before refund.

## THE TRAINER



### Jean Guillaume Salles

Scientist by training (Diploma in Geophysics), Caycédian Sofrology, Master Specialist in NLP and Ericksonian Hypnosis, and Psycho-Bio-therapist, he also approaches therapy with psycho-genealogy and memorized biological cycles, as well as the Holographic Field Therapy.

## THE 4 DAYS OF THE TRAINING

Durant ces 4 journées de formation, nous vous invitons à être pleinement disponible et présent à vous-même, de vous installer dans un lieu calme, ressourçant, et peut-être inspirant pour vous, en évitant des interruptions possible durant le cours ou durant votre pratique. Optez pour des écouteurs ou casque pour ainsi mieux entendre et mieux s'exprimer.

**The dates:** From Thursday 14 to Sunday 17 October 2021

**The Time:** From 7h30am to 4pm (GMT)

## CONFIRMATION OF ATTENDANCE

You may request a confirmation of attendance which will be delivered to you by the school of Biodecoding, and this is at no extra fee.

## PREREQUISITE

Having attended level 1 courses, or having a background in NLP, or practicing therapy or other practices in the helping relationship.

## FEES AND PAYMENT PLANS

Choose one of the following payment plans:

	For persons resident outside Lebanon	For persons resident in Lebanon
<b>Regular Registration</b>	\$440	\$440
<b>From 1 Oct. to 12 Oct.</b>	In 1 single payment	In 1 single payment Pay \$220 in USD and the Equivalent of \$220 in LBP at half the market rate.
<b>Early Bird Registration</b>	<b>\$400</b>	<b>\$400</b>
<b>Before 30 Sept.</b>	In 1 single payment	In 1 single payment Pay \$200 in USD and the Equivalent of \$200 in LBP at half the market rate.

# THE BIODECODING® SCHOOL

The growing interest in the approach proposed by **Biodecoding**® lead to an innovative teaching structure aimed at optimally transmitting skills and diffusing its techniques in France and abroad: «Ecole Française de Décodage Biologique Pratique – Christian Flèche».

As proposed by the school, since 1994, **Biodecoding**® integrates theoretical and practical elements in a brief therapy approach that is solutions-oriented with simple and powerful protocols.

Its originality and strength come from its permanent references to biology, observation and the ability to evolve thru continuous self-assessment and enhancements.

« an original  
method of  
emotional  
diagnosis »



## CHRISTIAN FLECHE

Christian Flèche is of a paramedic background in nursing. He does not come from the world of psychology, but from that of biology: the functioning of the human body. Diseases are metaphors of our needs, our emotions, our life experiences.

From encounter to encounter: Marc Fréchet, the work of M. Erickson, some elements borrowed from Dr. Hamer, Christian Flèche developed a form of listening to the symptom: biological, cyclical, trans-generational. He and Philippe Lévy created new protocols, making Biological Decoding an original method of emotional diagnosis, as well as a new form of Brief Therapy.

Christian Flèche is Master Practitioner in NLP, Practitioner in Metaphors, author of 17 books, 2 audio CDs. Founder in 1993 of Biological Decoding, trainer since March 1994, he is now Pedagogical Director of the French School of Biological Decoding.: «Bio Décodage Pratique®» and of the International School of Biological Decoding: « Santé Libre ».





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## FOR MORE INFORMATION

For more educational and / or professional or administrative information, please contact



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or email us.....contact@biodecodagelb.com



or Visit our website .....www.biodecodagelb.com